Queering Sex Ed. is a program of Planned Parenthood Toronto, generously funded by the Community One Foundation.
IDENTITIES

INTRO

Figuring out what identities work for you can be tricky. It’s totally okay to question your identity. It’s okay if you’ve had 30 other identities before the identity you hold now, and it’s okay if you’ll have 30 other identities later. You get to decide.

In both straight and queer communities, some people get a lot of flak for how they identify. For example, people who have non-binary identities, who are bisexual, who are trans*, or asexual might not have their identities respected.

This means that people may judge other people negatively on the basis of their presumed identity. This is called biphobia when it happens to people in bisexual communities and transphobia when it happens to people in trans communities. People may also judge others based on their belief that there are only two genders, and that these two genders are the complete opposite of one another. This is not true for all people. Some people may identify within this gender binary, and others might not identify as either men or women but would locate themselves somewhere else on a gender spectrum. Many people also have a sexual orientation that is beyond the standard definitions of straight or gay.

Sometimes people think that they can tell how somebody identifies by looking at them. This isn’t true. You get to decide how you identify, and other people get to decide how they identify. It is not okay to dismiss anyone’s identity.
ARE YOU QUEER ENOUGH TO BE HERE?

What makes someone queer? How do you know if this resource applies to you? How do you know if you are queer enough to be reading a Queering Sex Ed resource?

DO YOU LIKE PLAID?
A) I wear plaid everyday
B) I have a few plaid shirts and I wear them sometimes
C) No, but it looks nice on other people
D) Ew, no

IS YOUR HAIR DYED BRIGHT COLOURS?
A) All the colours of the rainbow
B) Currently it’s purple
C) All natural thanks
D) Ew, no

DO YOU LIKE RAINBOWS?
A) No, I LOVE rainbows
B) Somewhat
C) Not really
D) Ew, no

HOW MANY PIERCINGS DO YOU HAVE?
A) My nose, my eyebrow, my ears, my lip, my....
B) A few
C) My ears
D) Ew, no

DO YOU OWN CONVERSE SHOES?
A) I only own Converse
B) Yes, a pair
C) No, but they do look cool
D) Ew, no

DO YOU LIKE MUSTARD AND KETCHUP ON YOUR HOTDOGS?
A) Lots of both.
B) One OR the other, not both.
C) Hotdogs aren't my thing.
D) Ew, no.
DO YOU LIKE TO WEAR MAKEUP?
A) I can’t leave the house without it
B) When I go out
C) Never
D) Ew, no

DO YOU LIKE EGG SALAD SANDWICHES?
A) The ones at Subway are the best!
B) Sure, if I’m in the mood for one
C) No, I prefer turkey
D) Ew, no

DO YOU WEAR SCARVES IN SUMMER?
A) They are a fantastic accessory
B) Sometimes
C) Summer? Maybe if it’s freezing
D) Ew, no

DO YOU LIKE GOING GAY PRIDE?
A) Actually it’s called LGBTTIQQ2SAAPDOQS* Pride
B) Best week of the year
C) I watch it on tv
D) Ew, no

Mostly As:
You’re queer if you say you’re queer.

Mostly Bs:
You’re queer if you identify as queer.

Mostly Cs:
You’re queer if you feel queer.

Mostly Ds:
You’re queer if you’re queer.

*LGBTTIQQ2SAAPDOQS* stands for: lesbian, gay, bisexual, transgender, transsexual, intersex, queer, questioning, two-spirit, asexual, ally, pansexual, demisexual, omnisexual, queer spawn, and the * encompasses any identity that is not covered in this acronym.

Disclaimer: These questions are probably irrelevant to how you identify. We also know that assuming our identity is a real struggle for a lot of people. We’re not trying to make fun of that.